

# 5 Favorite New Facials

Sometimes we can't choose just one.

## HYDRAFACIAL

Emmary Day Spa Chappaqua (914) 238-8830; emmarydayspa.com

Sensitive skin? Not to worry. Emmary Spa's new hydrafacial is safe for all skin types and has zero downtime. It helps resurface the top layer of skin while infusing different serums into the skin, reducing fine lines and wrinkles, and fading sun and age spots. You'll glow, baby, glow.

## ANTI-AGING FACIAL

Spa for Beautiful Skin White Plains (914) 285-7217; spaforbeautifulskin.com

Expect to be pampered nearly into a coma when Rufina Fernandez gets her hands on you, massaging in exotic potions and serums from France, using microdermabrasion to clear away the old dead cells and microcurrent to whip your underlying facial muscles back into shape, for a fresher, tighter, smoother appearance. Just the relaxation factor alone subtracts years from your face.

## DERMA SWEEP FACIAL

Park Ave Med Spa Armonk (914) 730-3333

This nifty new machine works kind of like a carpet steam cleaner—infusing moisture while suctioning off dead skin cells. Great on face, hands, décolletage to freshen up your complexion; best in series of six. Heck, just do an entire body sweep and be done with it!

## ORGANIC FACIAL

Holistic Med Spa Mount Kisco (914) 242-8844

Pure but potent ingredients work wonders on stressed-out skin. Your aesthetician analyzes your skin and concocts a customized facial just for you. You come out looking good and knowing everything that went on your face is good for you.

## DEEP-TREATMENT EUROPEAN FACIAL

Eiluj Katonah (914) 232-2227

Romanian Georgette Voiculescu has been deep-cleaning pores for 23 years, and the experience shows. She starts by massaging the face, using a lymphatic-drainage technique, followed by pressing acupressure points—which feels sublime. She customizes the facial to each client's needs: sensitive skin, anti-aging, acne. Two hours of dermatological bliss.